

July 20th 2009

To whom it may concern.

I had a barbeque related accident mid December 2008 which resulted in 50% burns to the front of my body. Almost all of which were full thickness burns. I was in hospital for 51 days and had a total of 9 operations under GA to graft those areas that I was burned. All grafting was done with my own skin taken from other areas of my body predominantly my back, backside and lower legs.

Once released from hospital I initially returned to the Burns unit for physio sessions 3 times a week and was then put on an Activity based program under ACC with a physio/gym closer to my home. ACC would not continue to pay for me past the 12 weeks which is about the time I came to visit Bodywall.

Aside from the past couple of weeks which have been taken over by our shift I have been coming to both Wellness at Work and the Bodywall once each a week for work with Bodytool Scarsaway and fitness/stretch on the wall. Both myself and others have noticed marked improvement in my posture relating to the Bodywall work and a change and flattening of scarring around the chin and chest area due to the work Danny Orani has been doing with the Scarsaway therapy.

On my last visit with the Burns specialist at Middlemore (28 May) I was advised I would be needing at least one if not multiple more operations to fix the area around my chest and arms. Obviously this was very upsetting and disheartening for me. Based on the work I am doing with the Scarsaway and Bodywall I am 95% sure I will be choosing not to proceed with these operations, as I would prefer to heal more naturally than continued procedures that require general anaesthetics and more scarring to my body.

Obviously this is and will continue to be a Work in Progress for me as my body is still healing from these initial operations. My aim is to return to work in the very near future and continue with exercise, Bodywall and the Scarsaway therapy.

Kind Regards

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