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My name is Celia Watson and at the age of 14 years old my menstrual cycle got increasingly unbearable. Every month I spent a week in truly tremendous pain causing me to throw up for days and nearly passing out. The pain killers my G.P prescribed (ponstan and codine) didn't even touch it. I was completely incapacitated. I pushed to see a specialist and ended up under a gynecologist at Ascot Hospital. Here I was diagnosed with suspected endometriosis. The only solution was surgery when I was older, which didn't help me at all because my body and mind could not handle anymore of this pain. We tried another pill supposedly not promoting weight gain. At 15 my life was getting miserable. I had pain all the time, heaps of time off school, unable to go to parties and hang out like most teenagers do. I was almost giving up hope and starting to accept the fact this is my life. I responded to a radio add for "Wellness at Work" that described my symptoms and misery promising a cure. This gave me hope of being a normal teenager. I was booked in a week later and started a series of deep tissue massage type treatments. Yes it hurt. I cried during one session but came out feeling much better each time! After one session a week for 4 weeks I was 80% cured. I had one tight muscle that was easy to identify so went back to get it fixed. So 6 treatments transformed my life. I don't want this to sound like a commercial or anything but take my word for it, please. I don't look back on life because now I have changed completely! The relief

physically, socially and mentally is amazing. Honestly, if anyone has severe menstrual pain like I did Wellness at work is where you should go. Surgery is not even an option, there is no need for scars and weeks recovery. It can all happen in a little amount of massages! Unsure at all? Talk to me.

I would like to give Wellness at work a huge thank you for transforming my life for the better. I can't thank you enough for all you have done for me! The work you do is so inspiring, changing peoples lives and one day i hope to be in a position where I can do the same. Thank you.

Celia Watson, now aged 15. I am completely cured and still can't believe the transformation.