



11th October 1999

Team New Zealand Ltd  
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Chris Toal  
Wellness at Work Ltd  
13 Grosvenor St  
Grey Lynn

Dear Chris.

Please accept the thanks of the crew and support staff of Team New Zealand for the work you have done for us as we prepare for the 2000 America's Cup defence.

We are pleased that with our increasing workload and training pressures over the past months the efforts of Richard, Dana, Russell and yourself are producing dividends in physical performance as well as assisting in stress management and improving mental focus for the task ahead.

The reduction of injury recovery time and advice on injury avoidance has been invaluable and we look forward to your continued involvement and contributions towards ensuring the Cup stays in New Zealand for the benefit of all New Zealanders.

Please do not hesitate to use us as a reference as our team masseurs.

Kind regards,

A handwritten signature in blue ink, appearing to read "Tony Rae".

Tony Rae  
TEAM NEW ZEALAND

